



myhomedoctor<sup>SM</sup>

FIRST CLASS PHYSICIANS COME TO YOU

HEALTH ALERT

## MHD RESPONDS TO SWINE FLU CONCERNS

As you may have heard, this past weekend, the United States declared a public health emergency in response to the recent reports of swine flu. My Home Doctor, LLC. wanted to immediately update you on swine flu, offer you and your family resources for additional information and let you know that we are available to help.

**What is Swine Flu?** Swine influenza, is a highly contagious acute respiratory disease generally found in pigs, caused by one of several swine influenza A viruses. Although humans do not normally get this disease, the current strain of the virus is contagious, and human infections can occur according to the **World Health Organization (WHO)**.

**Why has a Public Health Emergency Been Declared?** The U.S. public health emergency declaration allows the federal government to free up additional resources to help address this situation.

**What are The Symptoms of Swine Flu?** Swine flu symptoms are very similar to seasonal influenza and generally include fever, fatigue, lack of appetite and coughing, although some people also develop a runny nose, sore throat, vomiting or diarrhea according to the **Centers for Disease Control and Prevention (CDC)**. Individuals should use reasonable precautions if they suspect they may have been in contact with swine flu and contact an **MHD** physician for specific advice 24/7 by dialing **888.MY.MHDCARE (696.4322)**.

**What is MHD doing to Address this Situation?** We are tracking and responding to developments surrounding this situation. We are prepared to fully use all available resources, if needed and have all our Board-Certified Physicians ready to help. We want to assure you and your family that we are fully prepared to meet your service needs if this situation escalates.

**More Information** - For the most up-to-date information, frequently asked questions and more, please refer to the CDC or WHO web sites:

[www.cdc.gov/swineflu](http://www.cdc.gov/swineflu)

[www.who.int/en](http://www.who.int/en)

We will continue to keep you updated as new information is made available. Please visit [www.myhomedoctor.com](http://www.myhomedoctor.com).

### HOW TO SCHEDULE A VISIT

1. Call us 24hrs. a day 7 days a week.
2. Our physicians will call you to schedule a visit at your home, office, or hotel according to your needs.
3. Our physicians will come to you - usually within an hour - and conduct a comprehensive exam. We can perform x-rays, strep throat and urine analysis, draw blood for lab tests, perform ultrasound tests and more. We bring the physicians office to you.
4. You will receive follow-up from our physicians throughout 48hrs. after the initial visit.

Available Hours: Mon - Sun 24hrs.



Call to speak with a physician • **888.MY.MHDCARE (696.4322)**